

**Ingredients:** cornstarch (GMO free), marine collagen, **ProStik®** protected formulae extracted from *Garcinia mangostana* fruit, 10:1 extract of *Mumio shilajit* (*Asphaltum punjabianum*), 10:1 extract of willow bark (*Salix alba*), 10:1 extract of devil's claw root (*Harpagophytum procumbens*), 10:1 extract of *Centella asiatica*, 10:1 extract of garden angelica (*Archangelica officinalis*). Anti-caking agent: silicon dioxide. Coating contains gelatin, titanium dioxide.

The DuoLife dietary supplements are manufactured in a production plant which fulfils the highest quality standards and has the ISO, the GMP and the HACCP certificates. The production process is constantly supervised by the experts with long-standing experience. The products quality was confirmed in numerous studies and tests carried out in certified laboratories.



Learn about our unique products:



**Produced in EU for:**  
DuoLife SA, ul. Topolowa 22,  
32-082 Więckowice  
**Infoline +48 12 333 45 67**  
**DuoLife.eu**

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**Recommendation:**



# ProStik®

Dietary Supplement  
60 capsules

It maintains the optimal fitness  
of the joints and the bones  
and supports the motor system.



# ProStik®

It maintains the optimal fitness of the joints and the bones and supports the motor system.

**ProStik®** dietary supplement, thanks to its exceptional formula, supports healthy condition of muscles and joints, their flexibility and mobility.

 **Package size**  
60 capsules

 **Recommended dose**  
1-2 capsules a day



**Collagen** is one of the basic proteins of the connective tissue of the skin and the component of bones, tendons and cartilages. Not only does it help to supplement a diet with easily absorbed collagen proteins but it also helps to keep the osseous and cartilage-joint tissues of the joints and tendons in a good condition. The collagen in this specimen is a hydrolisate of collagen obtained from the sea fish skin.

**ProStik®** (protected formulae obtained from Garcinia mangostana fruit) supplements a diet with natural components helping to maintain the normal structure of the arthroal cartilage, ligaments and tendons. It is especially recommended to active people, sportsmen, people who perform activities presenting high potential for stress upon the joints, overweight people and women experiencing menopause.

**Shilajit (mumio) extract** helps to keep the osseous system healthy and increases the physical endurance of the organism. Shilajit (mumio) supports proper mineralization of bones and teeth. This extract stimulates the production of synovial fluid essential for healthy joints.

**Willow bark extract** stimulates the immune system and helps to maintain joints and bones fit. This extract, thanks to the content of phenolic glycosides, optimizes the function of the whole organism.

**Devil's claw root extract** strengthens the immune system, helps to keep joints fit and facilitates their mobility.

**Centella asiatica herb extract** supports healthy bones, and proper function of joints and muscles. It also displays a positive impact on the cardiovascular system and stimulates collagen synthesis.

**Garden angelica root extract** has a detoxifying effect. It increases the secretion of digestive juices, salivas, urine and sweat. Angelica supports the healthy function of the urinary system and liver, and the process of removing water from the organism.

## Scientific opinions on ProStik®

*"Thanks to its exceptional formulae, **ProStik®** promotes healthy muscles and joints, supports their flexibility and mobility, and soothes ill joints. Furthermore, **ProStik®** prevents age-related deterioration of the arthroal cartilage, which, while the organism gets older, loses its genetically regulated ability to self-regenerate."*

**Piotr Kardasz, PhD**

Chairman of the DuoLife Scientific Council

*"Keeping joints and bones in optimum fitness seems to be the problem of many people nowadays, regardless of their age. **ProStik®** dietary supplement is an innovative product, made from exceptional ingredients, which promote healthy joints and bones. I recommend it to my patients."*

**prof. Wiktor Stelmach, PharmD, MD, PhD**

Member of the DuoLife Scientific Council

Read more:

**[Duolife.eu/en/ProStik](https://Duolife.eu/en/ProStik)**